

Clinical Leadership Fellowship

Yearbook 2012



Welcome to the NHS Clinical Leadership Fellows Programme

The NHS Leadership Academy's overall aim is to professionalise leadership within the NHS. To achieve this we recognise that clinicians are experts in their professional field but also leaders and deliverers of service. Clinical Leadership is an active combination of working with and through teams to improve patient care. The Academy is focussed on supporting you to use your existing skills and to acquire new ones so that you become outstanding leaders in the NHS today to make those changes that will benefit the patients of tomorrow.

During the Fellowship you will have the opportunity to acquire, develop and share knowledge and skills in leadership and will be challenged to think and behave differently in your leadership roles. The University of Birmingham and Manchester Business School will provide your academic learning leading to a Post Graduate Certificate in Leadership and Service Improvement, which is built around work based learning and assessments. The Kings Fund will provide experiential learning opportunities to facilitate your development as a leader and will help you apply your learning to your leadership practice. The Universities and The Kings Fund have worked together to ensure that the two elements of the programme complement each other. You will also be working on an in-service improvement project with 18 days of dedicated time as part of the Fellowship. You will be able to share the progress of your project periodically

through Fellowship reviews that will be scheduled with an NHS Leadership Academy representative, your sponsor and yourself.

We do hope that you make the most of this opportunity; read around the subject, think widely and engage in discussions with colleagues and staff from the Universities and The Kings Fund. The programme requires a high level of commitment. If, at any time, you feel you are struggling with the academic rigour please let us know so that we can provide support and advice.

You will have the opportunity to meet all of the 2013 Clinical Fellows during the year and we do hope that you build networks so that you can share innovative ideas and best practice. The Academy aims to create a cadre of Clinical Fellows both current and past that will continue to learn and share their experiences both locally and nationally.

In conclusion, we hope that you will find your Fellowship stimulating and enjoyable. The Academy aims to provide you with the development you require to be an outstanding leader. We hope that by investing in you we will be ultimately improving the quality of care and service to patients as well as working towards the professionalisation of leadership in the NHS.

South Cohort





Selim Ahmed

Specialty Trainee in General Adult Psychiatry

Profession: **Doctor**

I am an ST4 Trainee working for the central east community mental health team in Amersham. I see a wide variety of patients that keep me on my toes and interested in my field from debating delusionals to hair eating compulsions and suicidal or high risk patients to such enigmas of psychopathology that you cannot get bored. I am particularly curious about the medical-psychiatric interface with a keenness to help those with psychiatric sequelae to medical conditions like thyroid disorders or Huntington's disease.

My current special interests include working with post traumatic stress, eye movement desensitisation and reprocessing and supporting survivors of torture with the "freedom from torture" organisation. In addition to this I have eagerly followed a youth helpline that I helped set up a number of years ago and am also involved in a number of community projects.

Aside from my clinical work I have an interest in research and education. I am actively involved in tutoring oxford medical school students and am an investigator for clinical trials at the University of Oxford. This year I am also doing a post graduate diploma in education in Oxford.

Project

Looking at streamlining appropriate care to appropriate clients using a traffic lights system to highlight key worker caseload weighting and risks attached to their patients. The idea is simple – it is to make sure work load is spread evenly and to highlight patients who need more intensive intervention sooner so that resources can be allocated earlier before the point of crisis. The traffic light tool is borrowed from a pilot done elsewhere and is being simplified taking into account frequency of patient contact and level of predicted risk. It is hoped this tool will guide efficiency in team meetings, reduce the frequency of heavy caseloads occurring and catch elevating risk before it manifests in more serious ways



Olukemi Akanle

ST5 Specialist Registrar in Psychiatry

Profession: **Doctor**

I grew up in Lagos, Nigeria where I completed my undergraduate medical training. I moved to the UK to pursue postgraduate training in Psychiatry shortly after graduation. I trained as a junior doctor in the South London and Maudsley NHS Foundation Trust and afterwards worked as a Specialty Doctor in various sub specialties of Adult Psychiatry including Liaison Psychiatry and Addictions.

I worked as a Client Relations manager in a Health Maintenance Organisation before starting my training as a Higher Specialty Registrar in the North Essex Partnership Trust. I found working in a non clinical role a stark contrast to what I was familiar with and this meant having to adapt my style of working to meet the demands of the job.

I am currently a ST5 trainee in General Adult Psychiatry and my present job is working with Older Adults.

I enjoy working in Psychiatry because of the diverse patient groups. It provides numerous opportunities to work in both hospital and community settings helping people and their families. Outside of work I enjoy the cinema, reading and international travel.

Project

The development of a formal assessment manual for the West Essex Neurocognitive Clinic to raise and improve awareness amongst clinicians.



Giles Arbon

Clinical Photography Lead

Profession: **Healthcare Science and Wider Healthcare Team**

I trained in general photography gaining a National Diploma and then a Higher National Diploma after which I undertook general photographic employment before, in 1999, being employed in the NHS as a clinical photographer at the Ipswich Hospital.

After 21/2 years at Ipswich Hospital, developing specialist clinical photography and healthcare science skills, I had the opportunity to help develop and set up a diabetic retinal screening service for Suffolk run by the West Suffolk Hospital. This was a huge challenge and was a great learning experience. Once this service was running and successful I was asked to take on the role of developing a full time clinical photography service at the West Suffolk NHS Foundation Trust.

Since 2006 I have been working to develop this service which has proved to be an even bigger challenge than setting up a PCT wide screening service! In the past six years I have undertaken a specialised graduate certificate qualification in Clinical Photography and been regional finalist in the Health and Social Care Awards.

Being accepted onto the Clinical Leadership Fellowship programme has refreshed my drive to improve services and patient care. I also hope to raise the profile and the valuable contribution that Clinical Photographers make in the patient care pathway.

Project

To undertake a feasibility study into clinical photography triage of dermatology referrals to secondary care with the aim to reduce outpatient demand and improve patient outcomes



Moji Awogbade

Consultant Haematologist

Profession: **Doctor**

I am a consultant haematologist with a specialist interest in haemoglobinopathies. I am the clinical lead for the adult sickle cell service at King's College Hospital, which is one of the largest services for this disorder in the UK. My interest in sickle cell disease started during my intercalated B.Sc. year and my current interests include the evolving understanding of the pathophysiology of sickle cell disease and therapeutic interventions.

I was a contributing author to the Standards for the Clinical Care of Adults with Sickle Cell Disease in the UK published in 2008. I am involved in postgraduate training of doctors specialising in haematology. I lead my department's efforts in the prevention of healthcare associated infections.

In my spare time I enjoy cooking, reading and organising social events.

Project

Developing services for adults with brain injury and dysfunction secondary to sickle cell disease



Heidi Bartlet

Children's Occupational
Therapist

Profession: **AHP**

I completed an initial degree in Experimental Psychology at Cambridge University and a few years later went on to take a diploma in Occupational Therapy at St. Lyses College, Exeter. I graduated in 1993 knowing that I wanted to work with children and families. I currently work in a community based team, seeing children who have developmental difficulties and disabilities, at home and in schools, at our therapy base and on hospital wards. The clinical work I do is wide ranging, from advising on major housing adaptations to providing advice on developing skills for day to day activities. I enjoy the practical problem solving approaches and the collaborative style of work we use to assist children to participate as fully as possible in all they do. I have worked as a team leader for several years and I enjoy challenging myself and supporting others in the team to produce and deliver the best service we possibly can. I like to bring both creativity and sharply focused analysis to my work and look forward to the opportunity to focus on innovation.

Outside work, I enjoy village life in Cambridgeshire with my partner and our 15 year old daughter.

Project

To establish and pilot a web based, educative and skill building programme that can be used by parents, and school staff to support children in developing their hand function skills, providing remediation through activity



Elly Bittleston

Sexual Health Nursing

Profession: **Nursing**

I have wanted to nurse since I was 4 years old and was given a Nurse's Uniform for my birthday!

I trained at Guy's Hospital and worked in several London Hospitals in a variety of specialities. I then took a break from nursing and worked with a friend in a City Sandwich Shop before Pret a Manger was even a dream. From there I worked in a Nursing Agency office rising to become a Regional Manager responsible for 7 Central London Branches.

After the birth of my first child I returned to nursing in 1992 and discovered Sexual Health Nursing which I love. I am currently Sister/Manager of a busy Sexual Health and HIV out patient clinic with 15,000 attendances a year and 25 mostly part-time staff from all disciplines.

I am an active member of NHIVNA and the Pan London Nurses Education Network (PlaNET) for HIV and Sexual Health nurses.

In my spare time I sing with an A Capella choir and enjoy our regular performances, I also enjoy good food and wine and travelling to search out and experience both of these.

Project

To increase the number of HIV diagnoses in Surrey, early diagnosis saves lives and reduces stigma



Angela Burnett

GP for Homeless People

Profession: **Doctor**

I work part-time at the Greenhouse Practice in Hackney, providing a dedicated service for homeless people, vulnerable migrants and people affected by drug and alcohol addiction. I am also lead doctor at Freedom from Torture, supporting a large team of mainly volunteer doctors who assess health needs and document evidence of torture for survivors. I am a member of the Provision, Prevention and Promotion working group, part of the National Health Inclusion Board, whose aim is to reduce health inequalities and improve the health outcomes of the most vulnerable people in society.

Previously I have worked in Zambia, providing health-care for people affected by HIV/AIDS and their families and researching collaboration between traditional healers and formal health workers. I have also worked in Macedonia evaluating a professional development programme for doctors and with Oxfam in Ethiopia, with people affected by drought and famine. With RETAS (Refugee Education and Training Advisory Service) I provided mentoring support for refugee doctors in the UK. I was the doctor for the British Winter Paralympic team for 6 years, attending Paralympic Games in Norway and France and numerous training camps in preparation.

I love spending time with my husband and two daughters, our wider family (who are spread world-wide) and friends. Having completed the London marathon a couple of years ago I've now been advised to stop pounding the streets, so am keeping fit by cycling and dancing.

Project

To develop the Greenhouse practice as a Social Enterprise and to improve the health of homeless people by increasing the number of people engaging with drugs and alcohol services, reducing avoidable emergency hospital attendances and admissions, improving hospital discharge arrangements for people who are homeless and Increasing service user involvement



Zena Butt

Audiologist

Profession: **Healthcare Science and Wider Healthcare Team**

I have worked as an audiologist at the Royal National Throat Nose and Ear Hospital since 1990, specialising in diagnostic audiology, auditory evoked potentials, clinical audiology education and training. My role as head of department is to provide leadership and clinical services for the Adult Diagnostic, Neuro-otology and Royal Free Audiology departments

Project

My project will focus on triaging potential/pre elderly fallers by means of a simple balance test. Straightforward balance exercises will be provided to reduce the 'fall risks'.

If this project is successful, I anticipate significant reductions in the associated care costs and considerable improvements in quality of life issues for this group of patients



Andrea Gook

Clinical Services Lead (Matron)

Profession: **Nursing**

I qualified as a Staff Nurse in 2001 and in February 2012 successfully progressed to a Clinical Service Lead in Medicine. I came to adult nursing as a mature student and thrive in a fast pace environment. My ambition to implement change has been driven by my desire for efficient care delivery and excellence in the clinical setting. Having worked front of house on a busy Medical Assessment Unit and leading a nursing team as the ward Sister on a medical ward I am used to the feeling of frustration when changes are introduced which have not had the input for those who will eventually be expected to deliver the change.

I married my childhood sweetheart and have 2 grown up sons, and 2 cats. I love to be out running/jogging, depending on how athletic i'm feeling, with my friends, riding my new road bike or getting lost and stuck in marshes when I go orienteering. I am a geek at heart and am looking forward to the Hobbit films about to hit the cinema screens.

Project

To enable patient care pathways to be developed for all medical patients aimed at specific medical conditions, i.e Chest Sepsis, urinary Sepsis, acute alcohol admissions, acute delirium. The project will initially focus on medical care within the hospital. The aim of project in the future is to include the CCG/PCT to develop pathways prior to admission to support patients in the community and stop avoidable admissions to hospital.



Hany Hafez

Consultant Vascular Surgeon

Profession: **Doctor**

I am a Consultant Vascular Surgeon working in Western Sussex Hospitals NHS Trust. I am also the Clinical Director for the Sussex Vascular Network and the Director for the Sussex Abdominal Aortic Aneurysm Screening Programme. I have a special interest in aortic surgery. As part of my role, I am helping with a major vascular service reconfiguration in Sussex.

Project

A new service model for the provision of vascular surgery in this region



Sandra Husbands

Consultant in Public Health
Medicine

Profession: **Doctor**

I am a consultant in public health medicine, working in the London Borough of Harrow since 2009. My work includes leading on long-term conditions prevention and self-care and community development. I also provide specialist public health support to healthcare commissioning. My interest is in improving health and improving health services, but I am a doctor, who no longer sees individual patients – I have the whole population of Harrow as my patient!

I am passionate about developing people and provide coaching/mentoring for health professionals through the London Deanery Coaching and Mentoring Scheme for doctors and dentists, the NHS London Mentoring Programme and Mentoring for Diversity Programme.

Project

Improving population health and clinical outcomes through effective, rapid prioritization of healthcare resource allocation



Lorna Jamison

Children's Clinical Team Manager

Profession: **Nursing**

I currently work as a Clinical Team Leader of Health Visiting and School Nursing (Public Health Nursing) covering the Borough of Runnymede and West Elmbridge in North West Surrey. I am responsible for the direct clinical management of 45 staff to ensure the delivery of an effective outcome focused, public health driven service that targets those most in need and looks to integrate with the wider social / primary care agendas. My 4 skill mixed teams consist of Health Visitor and School Nurse Specialist Practitioners, Community Staff Nurses, Community Nursery Nurses and Admin Support.

I qualified as a nurse in 1982 having trained at Guy's Hospital in London. Very early on I knew that my heart belonged in the Community and quickly undertook my Health Visiting Training at the University of Surrey qualifying in 1984. I practiced as a Health Visitor for 20 years managing to have two children in that time as well as taking on extended roles including that of Teacher/Practitioner at the Frances Harrison School of Nursing in Guildford. I also coped with studying part time for a Ba (Hons) in Community Health and Nursing Studies graduating from Reading University in 2000 with a 2:1. I have worked as a Clinical Team Manager for the past 8 years.

My home life is hectic but enjoyable. I am now part of a 'blended family' and have accrued two more children along the way making us a family of six. The children's ages range from 22 down to 13. My two children are now embarking on their own exciting independent lives, my son hoping to go to Sandhurst and my daughter to Oxford University. I particularly enjoy holidays abroad, relaxing and socialising with friends and family.

I am passionate about Early Intervention and Prevention. I believe that unless we prevent, identify and manage behaviour problems in children as early as possible we will continue to see school age children with severe emotional and behavioural issues and an increasing adult population unable to function in the working world and this belief has formed the basis for my choice of project.

Project

To create a pathway for the early identification of Children at risk of serious behavioural disorders that once identified can be offered early intervention using a flexible multiagency practical approach to include joint referral, planning, review and maintenance that considers the needs of the whole family



Claire Madsen

Consultant Physiotherapist and
AHP Clinical Lead

Profession: **AHP**

I qualified as a physiotherapist in Sheffield, way back in 1988. I have had a very varied career, working in secondary care, primary care, the private sector, private practice (in Luxembourg and Belgium) and for an HIV and AIDs charity. This has given me a very eclectic skill set and a broad overview of the different ways in which healthcare can be delivered.

Currently I work for a newly created Social Enterprise as a Consultant Physiotherapist and my specialist clinical area is neurology. As AHP Clinical Lead I am a member of a Clinical Cabinet (comprising Medical Director, Consultant Nurse, Medicines Manager and myself) and our role is Clinical advice and support to the Board, Senior Management Team and to support the Clinical Governance agenda. We also lead the education and training programme for clinicians. The Cabinet is a new structure and is a very exciting way of working.

Outside of work I live with my Danish husband. I enjoy reading, cycling and love travelling. We had a wonderful three months at the beginning of the year pretending we were young again backpacking around South East Asia.

Project

My aim of my project is to introduce the concept of 'self care' to all of the managers and clinicians within our organisation and to deliver a training package and competency structure, based on the work from Co-Creating Health and Alf Collins that we deliver to all



Elizabeth Mottram

GP in the Oxford Deanery

Profession: **Doctor**

I qualified from Imperial in 2004 with my MBBS and have enjoyed working in acute specialities in the NHS.

Last year I lived and worked in Chamonix, France where I was able to ski and climb to my hearts content as well as gaining experience working abroad as a doctor. Coming back into the NHS and deciding to become a GP has helped me focus on what is important to me at a professional level.

I love sport and am a keen tri-athlete as well as playing in my local village tennis team. I have a wonderfully supportive husband and family who I know will be a great help throughout the fellowship year.

Project

Improve quality of health care delivery to harmful and hazardous drinkers in the East Berkshire PCT



Marcus Page

Consultant Psychotherapist

Profession: **AHP**

I am a Consultant Psychotherapist and have worked for Sussex Partnership Foundation NHS Trust for the past six years. I am based in Chichester where I am professional lead for psychological therapies and a member of the senior leadership team in an integrated community secondary mental health Assessment and Treatment Centre. My psychotherapy training is in Group Analysis which places emphasis on the social context and regards individuals as social beings first and foremost. This training has been invaluable for my leadership role during a period of transformational change when staff have been challenged by the transitional uncertainties of new roles and tasks along with the loss of their 'secure base' of familiar team relationships and workplace. I seek to ensure that potential tensions between staff of different disciplines, created by changed service priorities and configurations, are contained and resolved within the leadership team. My key clinical role is running groups for men with the diagnoses of Anti-social Personality Disorder or Borderline Personality Disorder whose aggressive presentation through desperation and fear of rejection becomes a self-fulfilling cycle. My insights have been developed from a professional background of a twenty year career in the child protection field where disorganized attachment style is a frequent outcome of early childhood abuse and neglect.

Project

Develop a regular forum in which the shared interest of commissioners, service users and clinicians in improved outcomes is developed and where service user satisfaction is acknowledged as being key to this virtuous circle. The forums will serve to develop relationships, personalize feedback loops, challenge the usual divisions within the whole system and lead to improved outcomes for service users, increased job satisfaction for clinicians and achieving best value for commissioners



Laura Parker

Team Lead for Early Supported Discharge (ESD) Team for Stroke

Profession: **AHP**

I graduated from the University of Edinburgh with a BSc (Hons) in Biological Sciences and Psychology. I then studied for a Masters in Language Pathology at the University of Newcastle where I became a qualified Speech and Language Therapist. My current specialism is Adults with Long Term Neurological conditions. Clinically I also have experience working in Paediatrics, Adults and Children with Learning Disabilities as well as generic Adult Speech and Language therapy. I currently work for Anglian Community Enterprise (Community Interest Company) managing the ESD team. I have been responsible for setting the ESD team up in North East Essex, working closely with our Commissioners and other key stakeholders. North East Essex were recent finalists for our integrated stroke pathway in the HSJ Awards.

I have a keen interest in improving patient experience and services. As a result I am a member of the Emerging Leaders Network and Clinical Leaders Network. I am looking forward to learning new skills whilst a Fellow which I can take back to the workplace.

Project

To re-evaluate the eligibility criteria for ESD and redesign aspects of the stroke rehabilitation pathway delivered by Anglian Community Enterprise to ensure a more seamless pathway for patients that works more efficiently



Umang Patel

Paediatric Specialist Registrar

Profession: **Doctor**

Since graduating from Southampton Medical School in 2004, I have followed a paediatric career pathway. Any medical job where you could legitimately play on a playstation at work was for me! Trusts I have worked at include; Imperial College Healthcare, Oxford Radcliffe and Royal Berkshire. Currently I am a Neonatal fellow at St Peters Hospital, Chertsey.

Having been inspired during my training, I have sought to widen my sphere of influence and get involved in projects that can help promote change for the better within the NHS.

Since moving from London to Surrey, I now find myself increasingly worried about the greenness of my lawn, my worsening golf handicap and next doors cats digging up our vegetable patch.

Project

Service Line Reporting: Using SLR as a tool to engage clinicians, find efficiency savings, help inform on decision making and ultimately improve outcomes across a trust



Laura Putman

Speech and Language Therapist
Advanced Practitioner
(Mental Health Team Lead)

Profession: **AHP**

I currently work as the team lead speech and language therapist (SLT) for the mental health SLT team in South West Surrey. I graduated in 2006 from the University of Central England with an upper second in Bsc Speech and Language Therapy. Throughout my career so far I have been fortunate enough to work within several different departments including Hereford, Leicester and Surrey (both North and South West). I have always worked with an adult client group and more recently chose to specialise in the mental health field.

Our referral criteria means we see older adults who are under the care of a community mental health team and need assessment / support for their communication and or swallowing difficulties. Our main client group is those with dementia who are referred at any point in their condition from early onset to the advanced stages.

When I am not at work, I enjoy spending time with my boyfriend, friends and family. A few of my favourite hobbies are swimming, skiing and cooking. I enjoy travelling the world and seeking new adventures and I love being active. You will often find me outdoors enjoying fresh air and seeing what the day has to offer.

Project

My project is to provide educational support to care staff, improving the overall management of dysphagia in dementia. The aim is to reduce the client's risk of aspiration, choking, dehydration and malnutrition avoiding hospital admissions from the community



Alex Ramsden

Consultant Plastic Surgeon

Profession: **Doctor**

I am a microvascular surgeon with a specialist interest in complex orthopaedic bone and prosthetic joint infection. We are a dynamic team of orthopaedic and plastic surgeons working in conjunction with bone infection physicians working in the country's only specialist unit dedicated to the investigation and treatment of patients with all aspects of bone or joint infection. Highlights of my career include the award of an MD from the University of London, a successful year in Antarctica working for the British Antarctic Survey and a hugely rewarding microvascular fellowship at the Royal Melbourne Hospital. Plastic and Reconstructive surgical training in the North East was also brilliant fun. I am always interested in outdoor sports and have completed a channel swim in under 10 hours, climbed to 6400m in the Andes and raced in mountain triathlons. I am lucky to be married with 4 great kids.

Project

Transformation change of the Oxford Multidisciplinary Bone Infection Clinic to a patient centered super productive environment



Anita Ray-Chowdhury

Lead GP

Profession: **Doctor**

Lead GP of an innovative practice in London, Anita has an interest in service development within Primary Care. She has worked in a variety of international healthcare models. She was the first doctor in the RCGP to go through the "Vasco De Gamma Programme" in Portugal, where she worked on promoting the transition of healthcare which was taking place amongst GPs. She has recently come back from a placement at the New York City Health and Hospitals Corporation, where she explored patient engagement tools in order to help the system move towards the Patient Centered Medical Homes Model. Anita has also lead on healthcare improvement projects in India and Sri Lanka. through the Red Cross.

She is currently working within CareUK , which helps her understand the challenges of setting up Urgent Care Centres and how private services are integrating within the NHS.

Future aspirations would be to get more involved with the strategic developments in Primary Care.

Project

I am going to be developing a sexual health service at my centre leading in the treatment and diagnosis of chlamydia for patients in Wandsworth, which has one of the highest rates of chlamydia rates in London



Yamna Satgunasingam

Clinical Psychologist

Profession: **Psychology**

I am a chartered clinical psychologist working in Essex in an adult community mental health team and with older people's services. My main responsibilities include undertaking psychological and/or cognitive assessments with clients, providing therapeutic intervention, and supervising and training trainee clinical psychologists and other NHS professionals. I also provide psychological input to the West Essex Neurocognitive clinic. I am currently involved in a new initiative within the North Essex NHS Trust that provides teaching and supervision in cognitive-behavioural therapy to doctors and a range of other NHS staff. This has been a very rewarding experience as this has contributed to increased psychological knowledge and therapeutic skills among staff who work closely with clients with significant mental health needs.

I initially undertook a four year undergraduate BSc (Hons) degree in Psychology at University of Surrey. During my placement year I learned about the role of clinical psychology in the Ministry of Defence while at an RAF mental health unit in Wiltshire and later at the Department of Neuropsychology, Addenbrookes Hospital, Cambridge. In 1999 I spent seven months working as a volunteer for a mental health organisation in south India, going on to complete a Doctorate in Clinical Psychology at University College London in 2003. To continue to develop my clinical skills I undertook two further postgraduate diplomas while working as a qualified psychologist. The first was in Applied Clinical Neuropsychology at the Institute of Psychiatry, King's College, London, passing with Merit, and the second in Cognitive Therapy at the University of Oxford.

Outside of work I enjoy travelling in Africa and Asia as well as mountaineering, climbing Ben Nevis in 2010, and hiking through mountains of South America and Everest Base camp in Nepal. Other highlights have included completing the London Marathon and spending four months living and working in Berlin.

Project

To improve dementia care for patients in West Essex and improve services through examining referral pathways and making changes where needed, especially for those with young onset dementia. There has been a recent review of older people's services across the Trust which I will feed in to.



Liv Simonsen-Burt

Theatres Team Leader

Profession: **AHP**

I currently run the Gynaecology and Urology operating theatres at the Royal Surrey County Hospital NHS Foundation Trust, and have the privilege of leading a team of 11 terrific, dedicated theatre practitioners. We are building on our reputation as a national leader in minimal access and robot-assisted surgery to increase and continuously improve our service to the public, including the current development of a new cystectomy service to treat bladder cancer.

I qualified as an Operating Department Practitioner (ODP) in 1996. We are specialists in peri-operative care. After spending a few years consolidating my experience I gained a further qualification with Central Manchester Children's University Hospitals as a Surgical Assistant. In addition I trained with The Royal College of Surgeons of England to learn various suturing techniques, drain insertion and the application of diathermy.

Previously I have managed the clinical aspects of a dental implant service, and worked as a Surgical Assistant in Maxillo-Facial surgery, as well as developing advanced laparoscopic skills in assisting for laparoscopic radical prostatectomy. Throughout my additional roles I have maintained my skills and interest in a broad range of specialties of theatre practice. More recently I have enjoyed the challenges of assisting bedside in robot-assisted prostatectomy, with the surgeon operating from a console away from the patient.

Taking part in this Fellowship is a fantastic opportunity for me to develop as a clinical leader and to gain valuable service improvement skills. In addition I look forward to learning about how to involve patients in the development of our services.

Project

Transforming the patient pathway through theatres to improve patient satisfaction, efficiency and safety



Frances Stevens

Clinical Lead

Profession: **Nursing**

I am currently working with the Older Adult Community Mental Health Team in Essex. I have been in this role for just over a year but previously worked in Adult CMHT's for the past sixteen years and on in-patient units prior to this. I have enjoyed participating in various pilot projects which have led to service development and improved patient care. I am very excited about being part of this programme and can't wait to start and meet my other Fellows.

Project

Introduce Dementia training to Student Nurse Programmes



Denise Thiruchelvam

Public Health Specialist

Profession: **Nursing**

I currently work as a Public Health Specialist at NHS Harrow. My portfolio includes Health Protection, Maternity, Children and Young people. Before this post I was a Health Protection Nurse Specialist at North East and Central London Health Protection Unit, Health Protection Agency. I was the Health Protection Unit Lead for Gastro Intestinal Illnesses and Children. Prior to that I worked in Health Visiting and Accident and Emergency in South London.

I will apply the objectives of the fellowship into clinical practise, ensuring Public Health principles are integral to the commissioning process and supporting implementing research into clinical practise. I want to improve collaborative working with my fellow colleagues across NWL actively share best practise.

Project

To prevent TB disease in high risk immigrants by using a care pathway for TB screening in Primary Care



John Thornton PhD

Consultant Clinical Scientist
(magnetic resonance physics)

Profession: **Healthcare Science
and Wider Healthcare Team**

I graduated in Physics with Electronics, and undertook a PhD in the field of medical imaging instrumentation at the University of Manchester Institute of Science and Technology. In the early nineties I joined the department of Medical Physics and Bioengineering at University College London, as a post-doctoral research associate in projects applying magnetic resonance and spectroscopy methods to detect and monitor perinatal brain injury. After ten years or so this academic research, having a strong patient-related translational focus, led to a career change when I took an NHS post as physicist supporting magnetic resonance imaging in the Neuroradiology Department at the National Hospital for Neurology and Neurosurgery, Queen Square, London. I currently lead a small team of NHS Clinical Scientists and academic post-docs, with the twin remits of clinical service, providing technical support and advanced imaging expertise, and patient-benefit related MRI physics research. My aim is through scientific innovation to deliver more effective and efficient diagnostic and treatment-supporting imaging methods.

Project

Data-driven efficiency improvement to reduce patient examination times in a neurological MRI service



Si Thu Win

Specialty Doctor in General
Adult Psychiatry

Profession: **Doctor**

I have been a practicing Psychiatrist for over 10 years having begun training on the St George's scheme during the early part of my career. I specialize in Inpatient and Home Treatment Team services for working age adults.

My duties very much include a leadership role supervising and training junior doctors and medical students as well as providing senior expertise within the multidisciplinary team.

My job is challenging and rewarding and I enjoy working with my colleagues towards the ongoing goal to deliver the best possible service we can to our clients. To this end, I feel the Leadership Fellowship offers an ideal opportunity for me to develop into a stronger leader.

My interests include keeping fit and I regularly visit the gym. I'd like to think this gives me an edge when I play football every Monday which can get very competitive!

Project

Using Alarm Alerts on patients' mobile phones to help remind them it's medication time



Asta Valanciute

CT3 Training in Psychiatry

Profession: **Doctor**

I am a medical doctor (CT3) training in psychiatry on the South West London and St Georges training scheme. I completed my foundation medical training in the University Hospital of North Staffordshire.

During my foundation training, I developed an interest in Neuropsychiatry and conducted clinical studies in Huntington Disease, which were presented nationally and internationally.

Having been exposed to different healthcare delivery systems both as a student, working in the hospice home support scheme in Connecticut, and during my foundation training as an invited clinical observer in Neuropsychiatry in Toronto, I am ideally placed to provide different insight and perspectives in the current climate of change within our health care system.

My enthusiasm for clinical leadership and management originated early in my days as a medical student and evolved during my core psychiatry training. Working on the frontline in the provision of health to patients at their most vulnerable of states, have reaffirmed my desire to play a more active role in the changes that healthcare delivery is undergoing at present. I believe that health care services can and should be delivering more efficient patient centred and value based care.

My spare time is spent travelling and exploring different countries and their cultures. I enjoy new challenges in everyday life from extreme sports to diving in the unknown world of endless possibilities.

Project

Mental Health Rehabilitation service review in Wandsworth: moving towards recovery focused and community based services



Stephen Winchester

Specialty Registrar

Profession: **Doctor**

I am currently a specialty registrar training and working in clinical and public health medical virology. In addition, I am a trainee representative and have recently initiated and organised an upcoming RCPATH virology training day for fellow virologists and microbiologists in training. I originally studied Biochemistry as an undergraduate followed by graduate entry medicine. Outside of work, looking after my young family is most enjoyable and puts any free time I didn't know I had to good use. I have previously undertaken a variety of sporting challenges and am currently devising and will be playing in a charity football match-a-thon.

Project

Research and define a robust model for the real time capture of viral genomes alongside clinical and epidemiological data to enhance public health reporting and management of virus infections

Midlands Cohort





Vazeer Ahmed

Emergency Medicine Consultant

Profession: **Doctor**

I am an emergency medicine consultant at Addenbrookes, Cambridge. I have been a Consultant for the last four years and very excited to be studying fellowship in leadership. I am passionate about the young and ever growing speciality I work in. I intend to use what I learn from the fellowship for the improvement in services within my trust.

Project

Setting up an ambulatory care service in our trust. A good number of patients who present to the emergency departments can be treated safely without admission to the hospital. We have just embarked on investigating and treating patients presenting with cellulitis, pulmonary embolism and syncope without admission. At the end of my project my aim is to measure the effectiveness of the ambulatory care pathway



Alison Bedford Russell

Consultant Neonatologist

Profession: **Doctor**

I have been a neonatal consultant for 18 years in 4 different NHS Trusts: 2 in London and 2 in the West Midlands. I avoided management positions (except running infection related research projects and Newborn Life Support training courses with the Resuscitation Council), until coming to the West Midlands in 2005.

Since 2005 I have been the Education, Training and Workforce lead, and since 2008 the Clinical Lead, for the South West Midlands Newborn Network (SWMNN). Latterly I have been the neonatal surgical lead for implementation of a West Midlands SHA project to reduce the number of out of region transfers for neonatal surgery. I remain a hands-on neonatologist in an extremely busy tertiary NICU.

I regard myself foremost as a housewife and mother; I have 2 sons aged 20 and 17 years, a step-daughter aged 18 years and 3 dogs. The house is always full of young folks and their music and energy. My husband is an academic paediatrician and we enjoy running, cycling, all spectator sports, theatre and music.

Project

The development of Pan-Birmingham and Solihull Trust-specific maternity care pathways to align with newborn network care pathways, putting mothers and babies at the centre of what is required to provide the highest quality, safe and sustainable services



Ashok Bohra

Consultant Upper GI and General Surgeon

Profession: **Doctor**

I am a Consultant Upper GI and General Surgeon since 2005. My clinical interest is general surgery with specialist interest in Upper GI cancer surgery (oesophago gastric) and advanced laparoscopic surgery. I started my consultant career in Wigan before moving to the midlands in 2009. I am based at the Russells Hall Hospital in Dudley and also operate at the Queen Elizabeth Hospital in Birmingham. I am the Upper GI MDT lead for my Trust. I am the Audit lead for my department. I am the surgical lead in the Clinical Guidelines committee and also a member of the New Interventions Committee. I have an active teaching and supervisory role. I am an Associate Professor of Surgery for St. George's University, Grenada and Honorary Senior Clinical Lecturer for University of Birmingham. I have been appointed to the Royal College of Surgeons Examiner's panel and the Quality Standards Advisory Board of NICE, recently.

Project

Improve the output of Laparoscopic Cholecystectomy as a day surgical procedure



Rachael Cook

Senior Community Forensic Nurse

Profession: **Nursing**

Since qualifying as a Registered Learning Disability Nurse in 1998 I have worked within the NHS in a variety of services. I have managed respite services, an assessment and treatment unit for individuals with Learning Disabilities in Birmingham and residential homes. I was later appointed as Clinical Lead for the assessment and treatment services within Birmingham Community Healthcare NHS Trust, and was influential in the service redesign of traditionally inpatient delivered services by developing a community pathway and outreach service provision. Further to the service improvement I presented our experiences at a national conference and co authored a paper on the service evaluation.

Since 2009 I have specialised in Learning Disability Community Forensic Services. Currently my work involves delivering specialist assessment and treatment intervention for people with a learning disability who have offended or who are risk of offending. This role requires both direct service user contact and providing a consultancy role to other professionals and carers.

At present I am undertaking an MSc in Forensic Mental Health during which I have recognised the developing nature of learning disability forensic services. With limited research and service provision in this field, I am keen to use my skills and knowledge to enhance service development, whilst maintaining my clinical contact with the service users whom I strive to improve services for.

Most of my spare time outside of work is spent with my young family who manage to keep me very busy.

Project

To develop a care pathway to offer a consistent and coordinated service response for all referrals made to the Learning Disability Forensic Service; offering an individualised intervention plan based on the needs of the service user whilst accessing the least restrictive environment



Darren Cordon

Senior NHS Audiologist

Profession: **Healthcare Science and Wider Healthcare Team**

I have been employed as a Senior NHS Audiologist at the University of Leicester Hospitals Trust since 2008 and prior to that worked as an Audiologist at Nottingham Audiology Services for 1 year. Before this I worked in finance, in private industry for 12 years but decided to pursue a more fulfilling career and completed a four year degree course in Audiology at De Montfort University, graduating in 2007 with a first class honours degree.

My clinical interests include paediatric/young person hearing assessments, and this is an area in which I am keen to develop further specialist skills. I am committed to research, particularly patient-focused, and in 2010 I undertook a 6-month secondment with the National Biomedical Research Unit in Hearing at Nottingham. During this, I completed a research project investigating the relationship between adult patient's cognitive ability and their hearing aid outcomes, which is now being reviewed at conferences and has been submitted to a national journal for publication. In 2011 I took part in the NHS Improvement Programme working with colleagues at Leicester audiology services to train GPs in the use of a hearing aid screening tool which has also been favourably received and reviewed nationally.

Project

An evaluation, clarification and improvement of the patient pathway for the access to and management of aural care (dewax)



Terry Cordrey

Physiotherapist

Profession: **AHP**

I trained as a physiotherapist in London and spent my formative years at Barts and the London NHS Trust specialising in Respiratory physiotherapy with a particular interest in critical care. By chance, I found my true calling within emergency and acute medicine owing to the wide variety of physical problems manifested from such a vast spectrum of presenting problems and pathologies.

I relocated to the midlands to pursue my career development in this area of practice and now lead a small team providing rapid access therapy for emergency and urgent care services at Sandwell and West Birmingham NHS trust. We offer a dynamic and responsive service specialising in effective discharge from acute hospital and early restoration of physical and functional ability.

My professional interests lie in understanding how the acute and chronic pathophysiology seen in emergency and acute medicine impacts on human movement and function, and how physiotherapy and occupational therapy can best prevent physical morbidity and restore functional ability in unplanned hospital admission.

I have a passion for integrating good quality evidence into practice, and endeavour to make this fundamental in everything we do as a service.

I now live in Warwick and enjoy my time off work by playing golf, spending time with my family with particular interest in entertaining my 2 year old son.

Project

Provision of early integrated therapy (within 24 hours) intervention for older people to reduce physical morbidity and length of stay in unplanned hospital admission. QIPP: productivity



Debbie Crewe

Occupational Therapist

Profession: **AHP**

I qualified as an Occupational Therapist from the University of Derby in 1999, following which I worked in a number of areas including, mental health, Intermediate care and amputee rehabilitation.

I am currently employed by Sandwell and West Birmingham Hospitals NHS trust as a Macmillan Occupational Therapist where I have spent the past 6 years developing a service that meets the needs of oncology and palliative care patients admitted to the acute hospital environment.

This has focussed on maintaining quality of life for those approaching end of life and achieving their preferred place of care on leaving hospital which often involves a major logistical operation. In addition to managing a patient caseload I have additionally been acting up as the acute medicine team leader for the past 18 months and learning how to spin multiple plates in the air whilst pleasing everyone in the team!!

In a bid to achieve some kind of work life balance, outside of work I enjoy running, swimming, reading, baking, gardening and travelling up and down to the south coast with my husband to visit family and friends.

Project

Improve facilitation of palliative care patients through the acute hospital environment through increased acknowledgement of their needs by the whole MDT, with the aim of reducing unnecessary delays and improving the outcome of preferred place of care



Dr Chris Gillmore

Principal Clinical Psychologist

Profession: **Clinical Psychology**

I graduated from Royal Holloway, University of London with a B.Sc in Psychology and following this I worked with people with learning disabilities. During this period I completed an M.Sc and developed my interest in working with staff teams and services to improve patient's experiences. Since qualifying as a Clinical Psychologist I have been working in Adult Mental Health and more recently I have completed specialist training in cognitive behaviour therapy. I also have a particular interest and expertise in working with survivors of psychological trauma.

Presently I am a senior clinician within the Psychological Therapies Service in Bath and I manage and supervise a number of staff. I am leading a project to implement outcome measures across our Trust in order to improve and validate the quality of our services. I am also an active contributor to the University of Bath's Clinical Psychology Training Programme, delivering teaching sessions, supervising trainees and collaborating on research projects.

I have worked in the NHS for 14 years and as time has passed I have become more passionate and committed to it. For me, becoming a Clinical Fellow is an exciting opportunity to help the NHS evolve and improve, whatever the challenges that lie ahead.

Outside of work, I have a very supportive wife and I am a proud father of two young boys. I am an enthusiastic runner, having completed the Bath Half this year and I am aiming to beat my time when I run again in 2013! Prior to becoming a psychologist I was a professional drummer and I enjoy playing in bands and performing live.

Project

Create a new treatment pathway for mental health service-users with Complex PTSD using a phase-based approach and incorporating more targeted interventions to improve quality and improve efficiency



Jacqui Gratton

Clinical Psychologist

Profession: **Doctor**

I am currently working clinically with adults who have experienced traumatic and life changing events such as childhood abuse, domestic violence, war and torture. Often complex post traumatic stress disorder is the main issue but it is accompanied by other difficulties and multiple losses. I provide supervision and teaching to colleagues.

I have worked in this field since qualifying as a clinical psychologist with the University of East London and my research thesis concerned the impact of sexual torture on communities. Specialist therapy is often helpful at enabling clients to find their own way forward and I passionately believe in the importance of clients being able to access such therapy. My project involves my service continuing to provide effective therapy whilst making the service more efficient so that the waiting list can be reduced.

Outside work, I live with my partner and we walk, jog or cycle through the countryside. I especially love walking in mountains and have introduced friends to the magnificent views whatever the weather. Some still haven't forgiven me.

Project

To improve efficiency of service delivery and reduce waiting times for treatment of complex post traumatic stress disorder at a specialist clinic



Rishi Gupta

Pharmacist Advanced for the Emergency Department

Profession: **Pharmacy**

I am currently working as the Pharmacist Advanced for the Emergency Department at Peterborough and Stamford Hospitals NHS Foundation Trust. My job is varied and involves extensive ward based clinical work. I also have the opportunity to work with doctors, nurses and other health professionals to help shape the service we provide on the ward and areas related.

I studied my pharmacy degree at the University of Bradford, completing my pre-registration training with Guys and St. Thomas' Hospital and Boots the Chemists. I have worked at Leicester Hospitals, first as a rotational pharmacist and then as a specialist surgical pharmacist.

In all of my varied roles within the NHS, I have become increasingly interested in how clinical leadership can make a difference to the patient journey, particularly at ward level.

In my time away from work, I like to keep fit, play badminton/squash occasionally and have a keen interest in history of all types.

Project

The impact of lost medication



Evrard Harris

CT3 in Psychiatry

Profession: **Doctor**

I have the pleasure of working in the Birmingham and Solihull Mental Health Foundation Trust as a CT3 in Psychiatry – in the very challenging but extremely rewarding Forensic CAMHS service at Ardenleigh Medium Secure Unit. My day-to-day interaction with my individual patients and exposure to the vast array of therapies highlighted the considerable impact that behavioural family therapy can have.

Witnessing patient's experiences of this therapy and my reading around the subject has inspired me to seek additional training in the field, a commitment above and beyond what was expected of me. I attended the Meriden Behavioural Therapy course in February this year. Such was my interest and enthusiasm for the therapy, I was invited to undertake the Training the Trainers course in March 2012. The purpose of this course was not only to enhance my understanding of family work from a practicing perspective, but also to better equip me to lead others in the provision of this therapy and its wider application by the Psychiatry profession.

It is my day-to-day interaction with individual patients and exposure to a vast array of psychiatric therapies that has highlighted the considerable impact behavioural family therapy, the focus of my involvement in the leadership fellowship.

Outside of work I enjoy travelling and following football and learning new languages. I am currently learning Portuguese in order to speak it fluently, in preparation of visiting Brazil for the 2014 Football World Cup.

Project

To increase the awareness and improved implementation of Behavioural Family work within the Early Intervention Service in the Birmingham and Solihull Mental Health Foundation Trust as part of the NICE Guidelines



Charmayne Healey

Speech and Language Therapist

Profession: **AHP**

I qualified as a Speech and Language Therapist 20 years ago and now lead a team of therapists working in schools in Warwickshire. I enjoy working collaboratively with colleagues in Health, Social Services and Education as well as in partnership with parents. I am particularly interested in developing others through training and mentorship and in developing services to deliver better and more efficient care.

Away from work I spend my time looking after our horses dogs and chickens, supporting my daughters Polocrosse team and volunteering for various Pony Club events.

Project

Look into developing a means of gathering patient reported outcomes alongside already established data around clinical outcomes. In addition our Trust is working towards eRecords so my project will incorporate developing a facility to collect all of this Outcome information on our eRecord Mobile Working devices



Dr Andrea Lavinio

Critical Care Medicine and
Anaesthesia Consultant

Profession: **Doctor**

I am a Consultant in Critical Care Medicine and Anaesthesia at Cambridge University Hospitals NHS Foundation Trust.

I have a subspecialty interest in acute neurological injury. I am active in teaching and research and lecture and have published on hydrocephalus, stroke, anoxic-ischemic encephalopathy and traumatic brain injury.

Project

The aim of this project is to minimise the delays between the publication of clinically relevant scientific evidence and its implementation in clinical practice. Clinical protocols and guidelines are mostly developed with a "top-down" approach by national institutions and consensus conferences. The ambition of the project is to develop a structured, collaborative, "bottom-up" approach integrating clinical teaching and supervision with clinical protocol updates, tapping into the wealth of knowledge and resources available in the pool of consultants and trainees practicing and training in teaching hospitals



David Lewis

Consultant Community
Paediatrician and Clinical
Director for Community Child
Health Services

Profession: **Doctor**

I have worked as a consultant in community paediatrics in Worcestershire for the past eight years and I have also recently taken on the responsibility of clinical director for community paediatric as well as child and adolescent mental health services. I completed most of my post graduate training in the West Midlands region having graduated from St George's, London. I lead on the Quality and Safety committee for our service as well as the Research and Development group.

My main clinical interest and drive is in the care of children with long term neuro-disability including cerebral palsy. I work as part of a multidisciplinary team and feel passionately about ensuring the families of these children receive the most optimum care.

Outside of work I am married with four children and so much of my time is spent ensuring they get to their many activities! I am also a keen runner and cyclist and have completed many long distance cyclist paths.

Project

A complete review of the role of the consultant community paediatrician with consideration of how some of the role could be more efficiently performed by other team members



Marcelle Michail

Consultant Anaesthetist
Clinical Director Surgery and
Critical Care
Princess Alexandra Hospital,
Harlow, Essex

Profession: **Doctor**

I graduated as a Doctor in 1988 and began my postgraduate training in the specialty of "Anaesthesia and Critical Care". During my training I developed an interest in the field of "Obstetric Anaesthesia".

I was appointed as consultant anaesthetist with a special interest in Obstetric Anaesthesia, at Princess Alexandra Hospital, Harlow in year 2000.

During this time I worked hard to develop both my professional and managerial skills. I was appointed as the Lead for Obstetric Anaesthesia the year I started and continued in that role for nearly seven years.

Since then I took up the role of Rota Coordinator for the anaesthetic department, deputy lead doctor and sundry activities representing my colleagues within our anaesthetic and Theatre Utilisation Committee.

Princess Alexandra Hospital, under the leadership of a new Chief Executive Officer, implemented a "Clinically Led Organisation". I felt that my professional and managerial experience have developed to a point where I can contribute to the efficient running of the organisation. This led me to apply and successfully being appointed to the role of Clinical Director for Surgery and Critical Care Directorate.

Project

Implementing Enhanced Recovery Programme for major Colorectal, Orthopaedic, Urology and Gynaecological surgical patients.



Mary Montgomery

Paediatric Intensivist and Clinical
Lead, Kids Intensive Care and
Decision Support (KIDS)

Profession: **Doctor**

I undertook my medical training in London, travelled much of the country and abroad as a trainee doctor, and returned to London from Toronto in 2002. I then stayed in London where I took up a consultant post in the Children's Acute Transport Service (CATS) in 2004, and have spent the majority of my time in the transport side of caring for critically ill children since. I moved from CATS in London in 2010 to Birmingham to take up the role of Clinical Lead for KIDS, based at Birmingham Children's Hospital. This was a new service, with single telephone number access to Paediatric Intensive Care (PIC) Consultant advice, PIC beds, trained transport teams, specialised ambulances and equipment, and logistics, for clinicians throughout the West Midlands caring for critically ill children. The service has streamlined the pathway of care for critically ill children in the region, providing paediatric intensive care 'without walls', from the moment the child presents at the District General Hospital. Continuing service development is directed to improvements in care which include all parts of the network.

Formative experiences as a junior doctor resulted in an aspiration to facilitate the highest quality of care for all. Through my roles at CATS and KIDS I continue to strive to lead high performing teams who provide the best pathway for each patient, with quality and efficiency and personal responsibility as core goals.

My husband and children provide enormous support, enrichment, distraction and havoc with the assistance of various animals...

Project

Develop an integrated clinical governance network across the region for children referred with critical care through a system of constant transparent, honest, multi-directional multi-disciplinary feedback and learning, which drives responsive patient focussed pathways unlimited by traditional boundaries



Helen Morris

Advanced Specialist Speech and Language Therapist, Learning Disability Service, Somerset Partnership NHS Foundation Trust

Profession: **AHP**

Since qualifying as a Speech and Language Therapist from University College London nearly 30 years ago I have worked with children and adults with learning disabilities both in this country and overseas. I am currently working as part of an integrated health and social care community team for adults with learning disabilities in Somerset. People with learning disabilities are among the most vulnerable people in society, however, increasingly, their health needs are being recognised and addressed.

Providing a responsive service that delivers high quality care has always been my priority. In recent years I have had the opportunity to specialise in the area of dysphagia (eating, drinking and swallowing difficulties). Dysphagia can significantly impact on a person's health and it is an area that carers may find particularly difficult to manage. Currently the evidence base relating to dysphagia and adults with learning disabilities is fairly limited. However, best practice suggests that reducing the risks of dysphagia to an individual benefits from a multidisciplinary approach. I believe that the clinical leadership fellows programme will help to enhance my skills and understanding to collaborate with health and social care colleagues with the aim of developing a dysphagia service within adult learning disability services that is equitable across the rural county of Somerset and that reduces risks to health.

Outside of work I have three children living at home and in any spare time that I have I enjoy walking, gardening, travelling and spending time with friends.

Project

To develop a countywide multidisciplinary, community dysphagia service for adults with learning disabilities



Mary Passant

Southern West Midlands Newborn Network Manager and Lead Nurse

Profession: **Nursing**

I currently work as the Manager and Lead Nurse of the Southern West Midlands Newborn Network based in Solihull. I have responsibility for a network of six NHS Trusts and 8 neonatal units plus a surgical neonatal unit paediatric ITU and a neonatal transport service. My role is to ensure we work together to improve the service and care for babies and families and reduce neonatal mortality.

My background is in paediatric oncology and I worked for 16 years at Birmingham Children's Hospital Paediatric Oncology unit before moving into NHS management.

I am currently studying for my MSc in Complex Care in Children, Young People and Families programme at Coventry University.

I am the chair of the Midlands Neonatal Palliative Care Board and I am passionate about improving the service for families who lose babies during the maternity and neonatal period.

I am married with two grown up children!! I love to travel I am a regular visitor to the gym; I love the theatre, meals with friends and being with my family.

I am also a qualified Relate counsellor working with couples, families, children and young people.

Project

"Improving Neonatal Palliative Care for Babies and Families" Neonatal care is a challenging clinical landscape where the primary aim of clinicians and care providers is to secure survival. Failure to survive can be associated with negative connotations.



David Pearson

Dentist

Profession: **Dentistry**

I qualified as a dentist in 2000 and gained my Certificate of Completion of Specialist Training in Oral Surgery earlier this year. I have developed a strong interest in anxiety management including sedation for dental treatment and have been fortunate to lecture nationally on the subject.

My wife and I are based in the West Midlands, we have a young child and enjoy taking him running when the weather allows. I am a keen cyclist and have dabbled with triathlons but I feel any hopes of sporting prowess will be left to the next generation.

Project

Planning and Implementing a dental anxiety / sedation assessment and treatment service within University Hospital Birmingham (UHB)



Andrew Perry

Superintendent Radiographer

Profession: **AHP**

I qualified as a Diagnostic Radiographer back in 1987 at what was then Central Middlesex Hospital School of Radiography. I spent the next 16 years working at various NHS hospitals within the M25; getting married, having two children and picking up an MSc in Nuclear Medicine along the way. In May 2003 we relocated to Herefordshire for quality of life reasons.

Although nominally Superintendent for Nuclear Medicine in the past few years I have gradually moved back towards general management of the Radiology department, deputising for the Lead Superintendent in her absence. I am also clinical governance lead for the department. An increasing interest in the theory and practice of management led me to obtain a Professional Certificate in Managing Health and Social Care with the Open University in 2007.

In my spare time I enjoy hill walking with the family, live music, photography, playing guitar and bass, recording my own music and reading. I have no fear of computers!

Project

Service redesign of the Radiology department to enable more efficient use of resources whilst improving diagnostic turnaround times and working towards increased seven day working within the department



Amandip Sahota

Specialty Registrar (ST7) in Infectious Diseases and General Internal Medicine

Profession: **Doctor**

I am a doctor training jointly in Infectious Diseases and General Internal Medicine within a busy unit at the University Hospitals of Leicester. As part of my daily work I manage patients with a variety of acute, chronic and tropical infections including TB, HIV, viral hepatitis, and fever in the returning traveller. I regularly lead the acute medical take, overseeing the care and safe patient flow of multiple patients who are often very sick with complex medical problems. I enjoy the diversity and challenge of this role, and it never fails to keep me on my toes!

I graduated from the University of Nottingham in 2003 with an intercalated BMedSci degree. I have an interest in global health and policy, which has greatly influenced my career path. In-between completing junior medical jobs in the Midlands, I obtained the Diploma in Tropical Medicine and Hygiene from the Liverpool School of Tropical Medicine, and worked for a year in Australia as Medical Registrar in both a teaching and rural hospital. I have also obtained the Diploma in HIV Medicine, and recently returned from a fascinating clinical exchange programme in Botswana, organised by the British HIV Association. These experiences have allowed me to appreciate a variety of healthcare systems, with their own specific sets of challenges and benefits – and given me an excuse to travel and have plenty of fun alongside!

I look forward to the fellowship and believe that it will help provide me with knowledge, skills and confidence to effect positive change in both the NHS and in lower-income healthcare settings abroad.

Project

Design, develop and deliver an Outpatient Parenteral Antibiotic Therapy (OPAT) service for the trust and region. Aim to reduce the length of in-patient stay, avoid unnecessary admissions, decrease healthcare-associated infections, and improve patient experience for those requiring intravenous antibiotics.



Sandy Shiralkar

Consultant Surgeon

Profession: **Doctor**

I have been a Consultant Vascular and General Surgeon for last ten years. I was appointed as a Medical Service Head for Surgery department in April 2011. I have been a College Tutor and have been looking after the surgical trainees in the department. As a vascular surgeon, I am interested in improving the vascular services for our vascular patients.

Project

Redesigning of the Carotid Endarterectomy services in the Black Country Vascular Network to meet the national targets



Paula Southwick

Nurse

Profession: **Nursing**

I came into nursing in 1985 because I wanted to be in a position in my career to feel that I had made a difference in someone's life. My passion has grown over the years and my particular interest is in service user involvement.

To further this passion I have worked with service users in the community and in the in-patient setting. When working on the wards I set up the Star Wards initiative which has been rolled out successfully across the trust.

In the community I was involved in the development of mental health awareness teaching sessions for disadvantaged groups such as refugees and asylum seekers.

Between 2008 and 2011 I was given the opportunity to travel to Africa and take part in the development of the training of mental health nurses. The graduates from this course will go on to set up the mental health services in Ethiopia, which is currently limited, within the next few years. This achievement gives me great deal of person satisfaction and has been a humbling experience which has helped me grow as a person and practitioner.

The other area of interest that I have is in leading and developing staff. I was a Leading Empowered Organisations (LEO) facilitator. During this time I led training sessions for staff across the trust. LEO is a first line management course that helps empower others to become front line leaders.

I have just finished my training as a coach and have achieved an ILM level 5 qualification as a career coach. The staff that have received this coaching have said that it has improved the quality of their work and their personal development and they have felt empowered to go forward with their career development.

What I hope to gain from this programme is to develop my leadership skills and to be able to use these to improve services, quality of patient care and to continue to develop staff's potential and the NHS into the future.

Project

Set up a home treatment team for adolescents who have been discharged from the inpatient mental health unit



Jackie Stretton

Lead Practice Educator
(Neonates)

Profession: **Nursing / Lecturer**

I am a Nurse Educator currently working for the Southern West Midlands Newborn Network. My professional background is Paediatric Nursing / Midwifery and Nurse Education, with much of the focus on neonatal care and specialist education for Neonatal Nurses and Advanced Neonatal Nurse Practitioners (ANNPs). Whilst working for the University of Birmingham I undertook an MPhil researching the role development of ANNPs and transition to practice. I left my University role in 2007 to join the Newborn Network working alongside colleagues delivering neonatal care in the West Midlands region. My main focus of activity is centred on developing and delivering strategy for multiprofessional education across the Newborn Network.

I am also an honorary lecturer at Coventry University, jointly delivering an on-line Neonatal Palliative care module and a member of the Centre for Children and Families Applied Research (CCFAR).

I live with my family in a small country village on the Warwickshire / Leicestershire border. I am very interested in natural history, especially fish and birds. I keep tropical fish, tortoises and a cat! I also enjoy swimming and cycling.

Project

Developing a Network Strategy to Expedite Safe and Timely Discharge Of Neonatal Patients From Acute Settings Into The Community



Jason Viner

Respiratory Physiology
Department Clinical Lead

Profession: **Healthcare Science**

Jason is the clinical lead of the respiratory physiology department at the North Bristol Lung Centre located at Southmead Hospital in Bristol. He has a special interest in cough and its causes and challenge testing.

He has a keen interest in clinical teaching and is a lecturer at the North Bristol Academy. He also forms part of a respiratory research team.

He is currently the honorary treasurer and member of the executive board for the Association of Respiratory Technology and Physiology (ARTP).

His hobbies are cycling and growing his own fruit trees and bushes.

Project

Utilisation of digital technology to increase and improve respiratory patient diagnostic data transmission



Lisa Wilson

Family Nurse, Family Nurse
Partnership

Profession: **Nursing**

I am a Registered Nurse and Registered Midwife. I have been working for the FNP in Nottingham since 2008.

My role is to deliver the FNP programme to young parents living in the inner city. The aims of the programme are to improve pregnancy outcomes, improve child health and development and improve parents economic self sufficiency.

I have worked with the National Unit to develop a programme to deliver Family Nurse Partnership Group based care. I am passionate about my work and I am proud of what my clients have achieved.

I am married and have two boys. One is off to university this September so I shall be very poor for a few years. I am a fitness fanatic and love skiing.

Project

To use my learning and skills to establish a pregnancy birth and beyond programme in Nottingham. Having the right motivations and skills to facilitate group work within a hard to reach community has a real positive impact on peoples lives

North Cohort





Julia Addams-Williams

FRCS (ORL-HNS)

Profession: **Doctor**

I graduated from the University Of Wales College Of Medicine in 1999 and subsequently developed an interest in Ear, Nose and Throat Surgery. Having now completed my surgical specialty training, I am now doing a fellowship in otology/neurotology at The Royal Hallamshire Hospital in Sheffield.

My main interests include ear surgery and lateral skull base surgery. I have previously undertaken research on balance rehabilitation and cochlear implantation. I also have a post graduate certificate in medical education and have a keen teaching interest.

Away from work, I enjoy hill walking and horse riding.

Project

Introduce a change in the management of nosebleeds in the setting in order to reduce the number of hospital admissions



Lucy Allsopp

Consultant Child and Adolescent Psychiatrist

Profession: **Doctor**

I'm a consultant in Child and Adolescent psychiatry, working on an adolescent inpatient unit in Nottingham. I've been a part of the multidisciplinary team on this Tier 4 ward since 2008, having previously held consultant posts in a Looked After Children CAMHS team in Nottinghamshire, and in a community CAMHS team in Oxfordshire.

I graduated from medical school, including an intercalated BSc in psychology, at King's College London and did my core psychiatric training on the St George's scheme. I moved to Cambridge for higher training in child and adolescent psychiatry, and completed my qualifying training in systemic family therapy with KCC just as I started my first consultant post in Oxfordshire.

I am now the training programme director for the higher training scheme in CAMHS in the North School of the Trent Deanery, having been involved in undergraduate and postgraduate training throughout my consultant career. I teach systemic therapy and of all the fulfilling aspects of my job, training others in systemic family work is the most enlivening.

Project

Redesign the care pathway for the inpatient unit, in newly built premises



Elizabeth Angier

GP

Profession: **Doctor**

I am a general practitioner who is currently working as part of a large multidisciplinary team in an Allergy Unit in Sheffield.

I trained in general medicine in Australia prior to entering general practice.

I have interests in integrated care, education, service delivery, health policy and guidelines.

I am Chair of the Primary Care Group of the British Society for Allergy and Immunology, and Chair of the Sheffield Faculty of Royal College of General Practitioners.

I am also a member of the European Academy of Allergy and Clinical Immunology and am part of their primary care task force.

I have been an Expert resource for the Clinical Innovation and Research Centre at the RCGP with previous involvement in projects such as Map of Medicine.

I have lectured widely and enjoy participating in interdisciplinary debates and presentations.

I am committed to improving the care of Allergy patients in primary care.

I hope to continue to work on improving communication between generalists and specialists, as a cohesive approach is particularly important with the current changes in health care.

Outside of work my interests include photography, films and theatre.

Project

Improve the patient journey in allergy services



Keri Brearey

Nurse

Profession: **Nurse**

I am a Registered nurse for people with learning disabilities. Currently I am the Clinical Team manager in a busy multi disciplinary LD CAMHS team with in the North East. The team work with children and young people up to the age of 18 years old and their families in community settings. I have a particular interest in improving the experience of Children and young people who access Mental Health services, I have lead on introducing Investing in Children within the team.

I am married with 2 children and I spend lots of my leisure time taking my children to various activities. As a family we enjoy caravanning and mountain biking which goes a little way to keeping us fit, we also enjoy spending time with our Labrador Ella.

Project

Looking at improving patients experience and participation in their care within the LD CAMHS team



Steven Buckley

Pharmacist

Profession: **Pharmacy**

Having studied at the University of Brighton, I qualified as a pharmacist in 2003, and moved into the specialty of mental health the following year. I am currently a Lead Mental Health Clinical Pharmacist for Cheshire and Wirral Partnership NHS Foundation Trust. My role is to organise and lead the delivery of clinical pharmacy services for a number of inpatient units, as well as several Community Mental Health Teams, based at Macclesfield General Hospital, Cheshire. Previously, I have worked as a Senior Clinical Pharmacist for Pennine Care NHS Foundation Trust, and as a Clinical Pharmacist for Bolton, Salford and Trafford Mental Health Trust.

I am an accredited member of the College of Mental Health Pharmacy, having gained accreditation in 2010.

I am married to a pharmacist, Marie, and we have two young daughters Isabella and Evelyn. Although being a dad takes up the majority of my spare time, I enjoy fine dining, as well as live music and comedy. Further, I am an avid supporter and former season ticket holder of Manchester United Football Club.

Project

A review of prescribing practice related to depot antipsychotic medication, in order to improve cost and clinical effectiveness, and patient experience



Mike Bullock

Physiotherapist

Profession: **AHP**

I am the Out-patient Clinical Lead Physiotherapist at City Campus, Nottingham University Hospitals. I qualified from Queen Elizabeth School of Physiotherapy in 1991 and completed my MSc in Manipulative Therapy at Coventry University in 2001. I specialise in lower limb orthopaedic assessment / management and am involved in the training of Postgraduate students from the University of Nottingham and provide clinical mentorship for Masters' degree students from across the UK. I recently won a CLAHRC research into practice award which allowed me to evaluate exercise therapy in elderly patients with knee osteoarthritis and I now plan on translating this into our service delivery.

I work with a highly motivated team who are keen on developing research and clinical effectiveness within our department. Our caseload is variable and involves musculoskeletal trauma, elective surgery and Primary Care referrals.

Outside of work, I enjoy time with my family and no longer enjoy renovating a house which should have been finished 12 months ago. I love all sorts of outdoor sports and 2 years ago I completed my first ironman triathlon.

Project

To increase the uptake of long-term exercise in patients with chronic musculoskeletal problems by improving the transition from physiotherapy to community exercise schemes and voluntary support networks



Michael Caygill

Speech and Language Therapist

Profession: **AHP**

I am a specialist Speech and Language Therapist working with patients with head and neck cancer and voice disorders in North Staffordshire.

After graduating with an MA English from The University of Aberdeen in 1994 I qualified with an MSc Language Pathology from Newcastle University in 1997, where I then worked as a research assistant for three years. My speech therapy career has taken me from Sunderland in Wearside to Auckland in New Zealand, back to Newcastle upon Tyne and now to Stoke on Trent.

I am enthusiastic about improving the objectivity and reliability of our assessment techniques, particularly with patients who have difficulties eating and drinking; I am the lead clinician for our speech therapy led videofluoroscopy clinic, and most weeks I will end up in a lead coat in the x-ray department.

I am the department's thespian, often found on stage in my adopted home town of Stone. Alternatively I will be out on my bike, probably towing my five year old son behind me, although he assures me he is doing his share of the pedalling.

Project

The provision of Fiberoptic Endoscopic Evaluation of Swallowing (FEES), in order to improve the quality of assessment and management of patients with oropharyngeal dysphagia.



Rebecca Dawber

Assistant Director for Physical Health Care and Infection Prevention and Control

Profession: **Nursing**

I have been working as a Registered General Nurse in mental health services for the last 11 years having started my career in A&E nursing in 2001 following graduation with a BSc (Hons) degree at Salford University. Throughout my career I have always had a keen interest in improving physical health care for the users of mental health and substance misuse services and have spent many years committed to improving the treatment they receive.

In 2006 I completed an MSc in Advanced Practice Health and Social Care graduating with distinction from Salford University. Following completion of this quickly followed by a non-medical prescribing course, I worked as an Advanced Nurse Practitioner in a regional drug and alcohol, in-patient detoxification facility often working at the interface between medicine and nursing.

In 2009 I was the winner of the Nursing Times Award for mental health having completed a project which analysed the liver function of service users with severe alcohol dependency. This innovative project culminated in more integrated working with our acute care colleagues and significantly improved outcomes for patients.

Approximately 1 year ago I was appointed into my current post as Assistant Director for Physical Health Care and Infection Prevention and Control at Greater Manchester West Mental Health NHS Foundation Trust. This exciting yet challenging new role means that I am now responsible for leading the whole physical health care agenda within my organisation and as such am responsible for the delivery of a quality account for physical health care and the achievement of several quality milestones relating to physical health care.

Outside of work I enjoy travelling, being outdoors, going to the gym and having fun ballroom and Latin American dancing.

Project

Improving access to physical health care for users of mental health and substance misuse services



Achyut Guleri

Consultant Clinical Microbiologist

Profession: **Doctor**

I joined Blackpool Teaching Hospitals NHS Foundation Trust in 2006 as a Consultant Microbiologist and have recently stepped into the role of Head of Department – acute laboratory medicine [aka clinical director – pathology]. I am the lead microbiologist for tertiary care haematology and Lancashire cardiac centre.

Having done my medical graduation from University of Rajasthan Medical School in India, I remained on the faculty of Department of Microbiology, SMS Medical School and Hospital, Jaipur [India] for 9-years before accepting the position of Head of Clinical Mycology, Dammam Central Hospital for Eastern Province, Saudi Arabia and then moving to the United Kingdom.

During the last 6-years I have led a team and team worked on several multidisciplinary, patient centred and patient safety initiatives. Our team was awarded the HCAI [healthcare associated infections] technology innovation award 2009 by department of Health for most outstanding use of technology to reduce MRSA significantly. We were invited to share our experience and best practice at the European Union parliament, Brussels on a roundtable session on patient safety and HCAI across EU.

My areas of special interest at work are clinical mycology, patient safety and reduction in avoidable mortality, reduction in HCAI and antibiotic resistance. Outside of work, my better three-quarters and 14-year old son have been indulging in a challenging annual 40-mile walk from Keswick to Barrow-in-Furness for the last 6-years. I have tried my hand at learning piano from my son's teacher, having played Indian classical sitar in my last life.

Project

To provide clinical leadership and ensure quality and patient centred delivery of services within the transformational project of pathology rationalization of services across two trusts



Claire Hammill

Speech and Language Therapist

Profession: **AHP**

After graduating with BMedSci (Hons) in Speech Science and qualifying as a Speech and Language Therapist in 2001, I have worked in various clinical roles whilst employed by three different NHS Trusts across the North West of England. I have always worked with families from areas with high levels of deprivation. There is a strong link between economic deprivation and speech and language difficulties in children. I became passionate about ensuring services are accessible for all families based on clinical need. I specialised in Early Years and enjoyed developing innovative service provision through funding from Sure Start and Children's Centres. I completed some further study at John Moores University looking at applying principles of public health within Speech and Language Therapy.

I am currently employed by Bridgewater Community NHS Trust, Halton and St Helens Division. I held the post of Clinical Team Lead, temporarily, managing 13 staff before going on maternity leave for the second time. More recently I have been involved in developing new service provision for children with specific language impairment. Currently, I have a particular interest in Autistic Spectrum Disorder and providing support for families whilst accessing the multi-disciplinary diagnostic pathway.

I enjoy supporting the learning and development of others and empowering staff to strive for the best possible service for families.

Project

To improve the quality of the support and intervention that young children with ASD/possible ASD and their families receive from Speech and Language Therapy (SLT) whilst they are undergoing diagnosis or post-diagnosis by the multi-disciplinary team (MDT). This may include engaging commissioners, gaining user views, developing evidence based clinical guidelines that consider best use of skill mix across the MDT and piloting a new intervention



Christine Hinde

Occupation Therapist

Profession: **AHP**

I am a Senior Occupational therapist working in community adult mental health. I work for Sheffield Health and Social Care Foundation Trust. I have been in my current post in an assertive outreach team for the past 8 years. I have developed a special interest to promoting service user artists and their art work across Sheffield and throughout our Trust. This has led to forming a Creative Arts Steering Team (CAST), made up primarily of service users keen to promote arts and help shape and deliver services.

Project

To help CAST develop into a more robust group which will eventually be service user led and will generate an income through selling art and providing services to other service users



Tim Lacey

Chartered Clinical and Counselling Psychologist

Profession: **Psychology**

I am a Chartered Clinical and Counselling Psychologist working in Adult Psychology in Redditch Worcs. I have a wide background in Psychology having worked in Learning Disabilities, Child and Adolescent Services and Older Adult Teams. I have a special interest in Autism, Psychosis, and Neurodevelopmental concerns. I regularly hold workshops on working and diagnosing Autism both in the NHS and in the private and voluntary sector.

Recent publications include work on new assessment models for adults with Asperger Syndrome and Parental Empathy training. My project here is to raise awareness of Attention Deficit Hyperactive Disorder (ADHD) within adult mental health services in the NHS. ADHD despite being well recognised within child services is poorly recognised in adult services and often misdiagnosed and mistreated. The cost for misdiagnosed individuals is often huge leading to severe mental health problems, substance abuse and often criminal behaviour. The accompanying cost for families and for society is equally huge.

Project

Raise the profile of ADHD as a condition, and improve the confidence of clinicians, to both diagnose it, and work effectively with it. Related to this is the belief that effective treatment of ADHD is related to a wider vision of mental health where more information about conditions leads to a more effective treatment of those conditions, which in turn adds to the improved health and happiness of society as a whole



Joanne Machon

Midwife

Profession: **Midwifery**

I have worked for the NHS for 23 years, firstly as a nurse and then a midwife. I work as a specialist midwife for teenagers. I have been married to Chris for 19 years and we have 2 beautiful children Kate age 16 and Oliver age 15.

I applied for the programme as I have a real passion for leadership and feel it is something I use everyday. Effective leadership influences performance and therefore enhances patient care.

Project

Will look at improving the knowledge and understanding of the new parents on discharge from the maternity unit, to the community. This includes looking at an effective, efficient way to deliver this package of care



Daniel Maughan

Specialty Registrar in
General Adult Psychiatry

Profession: **Doctor**

I am a doctor (ST5) training in general adult psychiatry in Oxford Deanery. My current job involves working with patients with severe and enduring mental illness such as severe depression, bipolar disorder or schizophrenia. I work in both in-patient and community settings. I studied medicine at Cardiff University. After graduating in 2006 I completed my Foundation Programme in Cardiff working in a variety of specialties including Medicine, Surgery, and Psychiatry. In 2008 I moved to Oxford for Core Training in Psychiatry. During this time I developed a research interest in social psychiatry, particularly into the recently introduced community treatment orders. I also have an interest in teaching and participate in tutoring, lecturing and examining students at Oxford University medical school. I started advanced training in general adult psychiatry in August 2011, and expect to complete my training in 2014.

I am a big fan of reading history and like nothing more than visiting a city with some sites of historic interest, drinking in the local culture and enjoying many good espressos.

Project

Integration of the out of hour's psychiatric services in Oxfordshire. The aim is to improve patient flow and optimize quality of assessment. Change proposal is to design and implement a shared triage system between doctors and nurses for the out of hour's service that will allow greater flexibility between healthcare professionals involved.



Joanna McDonald

Physiologist and Cardiac Services Manager

Profession: **Healthcare Science and Wider Healthcare Team**

I am currently employed as Senior Chief Cardiac Physiologist and Cardiac Services Manager at Sunderland Royal Hospital. This encompasses the operational management of all non-invasive cardiac diagnostics and the Cardiac Cath Lab. I manage a multidisciplinary team whilst maintaining a clinical role. I started my career in physiology in 1997 and over the last 12 years have worked within City Hospitals Sunderland, where every day brings a new challenge. I have always enjoyed my job and am fully committed to it. I actively participate in the North East SHA physiological leads group, representing cardiac physiology and have been involved in a number of projects such as improving quality in physiology diagnostics (IQIPS) with the Royal College of Physicians. I feel passionate about developing physiologist led services and have implemented improvements in this area, in particular the concept of palpitations and arrhythmia clinics, valve assessment clinics and complex echocardiography.

I feel that the skills and the specialist knowledge of the healthcare science workforce could be harnessed across all disciplines in adopting innovation in patient care. I am interested in this fellowship and the evolving role of clinical leadership within healthcare science, bringing forward the wealth of experience and knowledge that could be utilised by the NHS. I expect that I will further enhance my pride in healthcare science and embrace the opportunity that this new leadership programme brings.

Outside of the workplace, I enjoy spending time with my family and friends and going for long walks with our dogs in the countryside and coast around the North East. I'm an active rugby supporter and a novice referee getting stuck in when I can. I love long haul travel and going off the beaten track, there's always a new adventure to be had!

Project

Excellence in health, putting people first in improving quality of care across a range of patient pathways. Adopting innovation and implementing a right place, right time, right person strategy, facilitating enhanced access to physiologist (healthcare scientist) led services, reducing length of wait and stay by offering one stop clinics and equitable access 7 days a week.



Michelle Morgan

Advanced Therapy Practitioner in a Falls and Fracture Service

Profession: **AHP**

I qualified as an OT 10 years ago. Since qualifying I have had numerous roles, from a rotational OT in my local hospital to a Condition Management Practitioner (working with the DWP), to then being a Clinical Lead in a Neuro Rehabilitation Centre, to then working as a Case Manager on a Emergency Admissions ward (back at my local hospital) to now... working as a Advanced Therapy Practitioner in a Falls and Fracture Service. I have enjoyed my diverse roles and feel working outside of the traditional 'OT' role has made me a more rounded, holistic practitioner. I am a strong believer in self management and empowerment and believe this is the only way for client's to take responsibility for their own health and not become dependent on NHS services.

Project

The project is called 'Community Buddies'. The idea is to recruit a team of Volunteers to help maintain client's once rehabilitation programmes have finished. Many client's deteriorate once discharged from NHS services some going back to pre rehab state. Many get re referred back into NHS services creating dependency and a revolving door scenario. The Community Buddies have been trained and recruited to avoid this happening. We are also promoting self management by recruiting 'ex-client's' as Buddies. I am passionate about this project and feel it will be successful as I believe that with input from Volunteers post rehab programme client's will maintain the improvements made and even better they may improve further.



Katja Norse

Senior Clinical Vascular Scientist

Profession: **Healthcare Science and Wider Healthcare Team**

I am a Clinical Vascular Scientist and the Assistant Vascular Studies Unit manager for University Hospital of South Manchester (UHSM) and the private vascular ultrasound service provider IVS Ltd.

I gained my full professional accreditation from the Society of Vascular Technology (SVT) of GB and Ireland in 2004. I am currently studying the final phase of my Masters degree in Medical Imaging.

The majority of my work is clinical; performing ultrasound investigations and providing ultrasound guidance during minimally invasive endovascular procedures. I also teach trainee vascular scientists and act as an internal and external assessor for vascular scientist taking their final practical SVT examinations.

I am motivated when providing quality care to my patients. The role of the vascular scientist is evolving I want to lead change so that all patients will benefit from quality care.

In my personal life I am keen to be involved with my son's education and I actively take part in school fundraising events. To stay fit, I attend Pilates classes, fitness boxing, boot camp style training sessions and I ride horses whenever the opportunity arises.

Project

I have identified a service priority area in our unit to effectively diagnose and treat patients with varicose veins in atypical locations such as buttocks, upper thigh, vulvar and perivulvar regions. The project aim is to successfully implement integrated diagnosis and treatment pathway and to replicate this in other units in the North West



Sanjay Rawal

Consultant Paediatrician

Profession: **Doctor**

I have been a consultant paediatrician in Basildon Hospital for over two year. I have been working as Locum Consultant and now have been offered substantive post recently. I studied in medical school in Jammu, India. I have done my Paediatrics training in London, UK.

My special interest is Diabetes and urgent care. I was appointed as Lead Consultant for acute care earlier this year. I also chair critical care Paediatric steering group for trust. I am passionate about the improving clinical services and patient experience. I am also interested in teaching, management and leadership.

I am interested in developing integrated urgent care pathways and will like to work closely with commissioners in developing them. I have already developed and rolled out high-flow pathways for 5 common illnesses in Paediatrics in Basildon Hospital.

My wife is local GP who has helped me to give insight in primary care. When I am at home all my time is for my 16 month old daughter. I spare some time for my other passions walking and gardening.

Project

Development of short stay Paediatric Unit



Ashok Sharma

Consultant Psychiatrist

Profession: **Doctor**

I am a consultant psychiatrist working in adult urgent care services in Sunderland. I was born and brought up in India and completed my graduation and post-graduation from AIIMS, New Delhi. Following this I was practising in one of its satellite cities and came to UK to work as a consultant psychiatrist in 2004 through the International Fellowship scheme.

Professionally I am interested in acquiring more skills in recognising and treating comorbid mental conditions. Recently I have developed interest in Adult ADHD and trying to start a service in my locality. My other interests are related to gaining an understanding of current socio-economic changes and Indian music.

Project

To reduce length of stay in working age adult acute psychiatry ward to 21 days while delivering a safe and effective service of high quality



Wendy Tasker

Advanced Practitioner
Acute Stroke

Profession: **Nursing**

I have worked in the NHS since 1986, my career has mainly concentrated on nursing acutely unwell medical patients, and the last 10 years I have predominately worked with acute stroke patients, taking a lead role in developing and redesigning local services to improve our patient pathways and outcomes. A constant throughout my nursing career is my interest in developing myself and others.

Apart from being a nurse I am busy with family life, the best way for me to unwind is to spend time with family and friends particularly my 6 year old daughter.

Project

Streamlining patient pathways by developing improved multidisciplinary communication processes



John Taylor

Consultant Vascular Surgeon

Profession: **Doctor**

I qualified from Liverpool Medical School in 1993 and completed my surgical training within the Mersey higher Surgical Training Program. During this time I was fortunate to be able to complete a research fellowship in the Price Institute for Surgical Research at the University of Louisville, Kentucky which enabled me to obtain my ChM degree.

I moved to the South West in 2007, to begin my Consultant post in Barnstaple as a consultant General Surgeon with a special interest in Vascular Surgery. I was soon appointed Clinical Lead for General Surgery and since my appointment I have undertaken several service improvement projects ranging from increasing submission to speciality based audit, improving patient pathways for stroke patients and acted as the Hospital lead for the National WHO checklist implementation project. Recently as a result of a divisional reorganisation I have been appointed as the clinical director for the Division of Surgery

In my spare time I have enjoy sea angling and still regularly train in martial arts ranging from Karate, Kobudo (weapons) and laido (Japanese Sword)

Project

Survey to explore reasons behind blocks in appropriate referral to secondary care for intervention in a range of conditions with chronic wounds.

Significant numbers of patients remain within the primary care setting needing frequent dressings for chronic wounds when simple specialist review with or without interventions may lead to early healing and the avoidance of long term complications. The presumption would be that early intervention leads to reduced reliance on primary care for ongoing treatment. The project aims to explore reasons behind the apparent reluctance in the primary care setting to refer on for specialist review and to assess whether care pathways for these groups of patients could be improved, leading to reduced reliance on primary care nursing time



Louise Whittaker

Paramedic

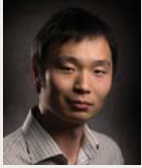
Profession: **AHP**

I am a clinical supervisor and paramedic within Yorkshire Ambulance Service NHS Trust. I have worked for the service for over 12 years, and have recently undertaken and completed the Advanced Healthcare Practitioner MSc at the University of Huddersfield. During the first two years of the course I worked within a GP practice one day per week, under the mentorship of a GP. I developed an interest in the specific needs of mental health patients, and chose to undertake my dissertation in this area. My project is based on the outcome of that work.

When I am not undertaking my role as a clinical supervisor, I am also a senior staffside representative within Yorkshire Ambulance Service. Having completed the Masters this year, leisure time is a new concept - I enjoy reading fiction, films, socialising with friends and visiting my family in France and the South of England when I can. I enjoy going to the gym, but probably go less frequently than I should. I also have an English springer spaniel who demands exercise, so we spend a lot of time walking!

Project

Enable ambulance clinicians to accurately triage and assess mental health patients through both telephone and face to face contact, using a triage tool designed for the specific needs of mental health patients. This would enable clinicians to refer patients to either secondary or primary care based on need and within set timescales, using evidence based practice. It would also meet the needs of patients based on studies undertaken both nationally and abroad, as well as government strategies such as 'No Health without Mental Health', and develop understanding of mental health issues amongst ambulance clinicians



Gang Xu

Nephrology Trainee

Profession: **Doctor**

I qualified from Leicester Medical School in 2005. I have been lucky enough to have worked in a large number of different fields before deciding to specialize in the area of renal medicine. I have always been interested in teaching, and have recently completed in a diploma in medical education. It is this interest in teaching which has lead me to become excited about learning how to improve patient care through innovative changes in clinical practice. I very much look forwards to developing my leadership skills, and learning from some great clinical leaders during the course of this fellowship!!

Outside of work I spend far too much time and money (as my wife will testify) on photography, taking my camera gear with me everywhere I go. A recent visit to the Olympic stadium gave me the perfect opportunity to add to my photo collection as well as camera equipment!!

Project

Improving outcomes in acute kidney injury through earlier specialty engagement



tel: 0113 295 2023

email: enquiries@leadershipacademy.nhs.uk

web: www.leadershipacademy.nhs.uk