



Overview

Foundations in System Leadership; Collaborating for Health and Care, is open to all colleagues working in health, care, local authorities and voluntary sector partnerships, who have a desire to improve the way they collaborate across organisational, professional and hierarchical boundaries to design and deliver better health outcomes for the communities they serve.

This programme will be ideal for you if you:

- Would like to know more about working across organisational boundaries
- Want to understand what system leadership and systems thinking means and how you can practically apply these to your work
- Are passionate about improving healthcare and wellbeing outcomes for your local population
- Think that system leadership is the way forward and you want to increase your ability to practice it confidently
- Are wondering if systems leadership is just the latest buzz word and want to understand what it's all about

The programme will cover three main themes:

- What is system leadership?
- Why is it important?
- How do you do it?



Benefits

Integrated Care Systems rely on the ability of leaders to think systemically and collaborate with each other despite some of the risks and challenges they experience in doing so. Systems leadership will help to transform the delivery of health and care but it's not always easy to enact.

For individuals:

- Analyse their own contexts and describe the nature of the issues they are facing to determine where system leadership would be appropriate
- Explain the value of system leadership and be able to share this with others
- Reflect on their leadership styles and behaviours and contrast these with those necessary in systems leadership
- Engage and build relationships with others in order to share perspectives, be curious about difference and build a shared purpose.

For organisations:

- Increased understanding and capability within each organisation around what it means to work at a system level
- Increased collaboration across organisations
- To encourage new ways of working
- To enable better outcomes for people using health and care services.







Why this programme?

- Enable you to understand what a system is and what 'systems thinking' means
- Help you work out what a systems leadership approach is and when you need to use it
- Investigate how systems leadership could help you tackle some of the challenges you face in delivering health and care
- Gain clarity on how to collaborate <u>and build relationships</u> across your system to develop a preventative approach to improving the health and care of people in diverse localities
- Explore what is going on in the wider environment that makes systems leadership a useful approach for delivering modern healthcare
- Get a practical understanding of who you are as a leader and how some of your personal styles and behaviours will help or hinder you in working across systems
- Increase your own capability for leading effectively across systems by deepening your understanding and developing a range of practical skills and techniques



Structure

This programme will support you as you develop your understanding of system leadership and the skills and behaviours required to collaborate across health and care. The programme will run for five weeks and will take approximately three hours of self directed study per week so you can fit the course around your work, study and family commitments.

Week 1 Week 2 Week 3 Week 4 Week 5 What is systems Why does it Introduction How do we do it? **Summary** leadership? matter? Introduction Operating reflexively Understanding systems **Understanding context** Reflecting on the leadership experience Signposting Exploring health Using storytelling (the story of me and Exploring how complex inequalities Getting feedback from Contracting adaptive systems my leadership) sponsors/buddies Focusing on recovery theory can help us Setting learning Approaching strategy Analysing the impact understand systems objectives Challenging the (including by looking prevailing heroic Setting the cultural Engaging with diverse Preparing at the original learning conditions leadership style (including finding a stakeholders objectives) sponsor/buddy) Networking across Harnessing the power Defining tame and Creating action plans boundaries to transform wicked problems Sustaining the learning Engaging with diverse Embracing negative perspectives capability Strategic influencing

How you will learn

The programme is hosted on FutureLearn, an online learning platform utilised by world class universities and organisations.

At different stages of the programme, you can collaborate with other learners, share ideas and join in with active discussions in the comments. The programme is delivered fully online giving you total control of where, when and how you learn and the opportunity to complete it in your own time, at your own pace.

Programme Cost

If you work or study in the United Kingdom and have a role or a placement in a health, care, local authority or voluntary sector organisation you may apply through the NHS Leadership Academy for a free programme upgrade before starting the programme. The upgrade enables you to obtain a free certificate of achievement. For more details of eligibility for a free upgrade please read the requirements listed on our website.



How to access

You can enrol for Foundations in System Leadership on the Leadership Academy Website. The programme will be available on FutureLearn from 13th June 2022. This programme is open to all colleagues working in health, care, local authority and voluntary organisations who would like to explore what system leadership means. Whether you're new to health and care, an aspiring leader at the start of your journey, or interested in finding out more about cross sector collaboration, you're the perfect candidate.

The programme will launch on FutureLearn on the 13th June and is accessible:



www.leadershipacademy.nhs.uk/systems-leadership

Keep in touch



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<u>leadershipacademy.nhs.uk</u>

Find out more around how we can support your organisation by visiting www.leadershipacademy.nhs.uk/organisational-resources

This brochure can be made available in other formats on request.

The NHS Leadership Academy is a division of NHS England People Directorate.